



GET RELATIONALLY FIT

January 31, 2010 || Matthew Davis
mdavis@poconocc.com

“Become wise by walking with the wise; hang out with fools and watch your life fall to pieces.” Proverbs 13.20

The benefits of glorifying God through healthy relationships

1. HEALTHY RELATIONSHIPS BRING _____.

“By the time David had finished reporting to Saul, Jonathan was deeply impressed with David—an immediate bond was forged between them. He became totally committed to David. From that point on he would be David’s number-one advocate and friend. Saul received David into his own household that day, no more to return to the home of his father. Jonathan, out of his deep love for David, made a covenant with him. He formalized it with solemn gifts: his own royal robe and weapons—armor, sword, bow, and belt. Whatever Saul gave David to do, he did it—and did it well. So well that Saul put him in charge of his military operations. Everybody, both the people in general and Saul’s servants, approved of and admired David’s leadership.”

1 Samuel 18.1-5

2. HEALTHY RELATIONSHIPS BRING _____.

“As they returned home, after David had killed the Philistine, the women poured out of all the villages of Israel singing and dancing, welcoming King Saul with tambourines, festive songs, and lutes. In playful frolic the women sang, Saul kills by the thousand, David by the ten thousand! This made Saul angry—very angry. He took it as a personal insult. He said, “They credit David with ‘ten thousands’ and me with only ‘thousands.’ Before you know it they’ll be giving him the kingdom!” From that moment on, Saul kept his eye on David.” 1 Samuel 18.6-9

3. HEALTHY RELATIONSHIPS BRING _____.

“Everyone around was in awe—all those wonders and signs done through the apostles! And all the believers lived in a wonderful harmony, holding everything in common. They sold whatever they owned and pooled their resources so that each person’s need was met. They followed by meals at home, every meal a celebration, exuberant and joyful, as they praised God. People in general liked what they saw. Every day their number grew as God added those who were saved.” Acts 2.43-47

4. HEALTHY RELATIONSHIPS BRING _____.

“I know that as soon as I’m gone, vicious wolves are going to show up and rip into this flock, men from your very own ranks twisting words so as to seduce disciples into following them instead of Jesus. So stay awake and keep up your guard. Remember those three years I kept at it with you, never letting up, pouring my heart out with you, one after another. Then Paul went down on his knees, all of them kneeling with him and prayed. And then a river of tears. Much clinging to Paul, not wanting to let him go. They knew they would never see him again—he had told them quite plainly. The pain cut deep. Then, bravely, they walked him down to the ship. Acts 20.31,36-38 [the message]

The ABC’s of building strong relational foundations

ALLOW YOURSELF TO _____.

BASE YOUR FRIENDSHIP ON _____.

COMMIT TO ONE ANOTHER IN _____.

MY NEXT STEP TODAY IS TO:

- Memorize Proverbs 13.20; *“Become wise by walking with the wise; hang out with fools and watch your life fall to pieces.”*
- Sign up for a Community Group TODAY.
- Pray that God would help you discover your David/Jonathan relationship.
- Invite your friends and family to experience our next message series starting next week: Sexual Resolution.

Join us next Sunday as we kick off our new teaching series, “Sexual Resolution” with Part 1 - “The Truth About Sex”



Follow us on twitter.com/drosby



Join us on Facebook Group: Pocono Community Church